NAKPEHE National Conference 2009  
History to Horizons:  
Understanding Our Past and Present while Constructing Our Future  
January 4-6, 2009  
Hyatt Regency Sarasota, 1000 Boulevard of the Arts, Sarasota, Florida 34236  
Deadline for proposal submission: September 15, 2008

Save and submit this form as an email attachment to Dr. Samuel R. Hodge at hodge.14@osu.edu

- What is your first name? Michael  
  Last name? Kernodle

- What is your e-mail address? kernodlemw@appstate.edu

- To propose a program for the 2009 NAKPEHE Conference, please provide the following information.

  1. **Title of proposed program**: The move from teacher-centered to student centered learning.

  2. **For consideration, you must submit an abstract or summary [no more than 500 words] of your proposed program** (i.e., an empirical research study, theoretical perspective, trends and issues session, experiential learning session, best practices, or working session). You may consult the *Publication Manual of the American Psychological Association* (2001) for guidance in preparing your abstract:

     The traditional methods of teaching and coaching are now being questioned with regards to their efficiency and effectiveness. According to Martens (2004) many effective coaches now employ the cooperative style of coaching which results in positive balance between the coach directing the athletes and allowing them to direct themselves (e.g. Phil Jackson). This is different than the more traditional command style (e.g. Bob Knight) in which the coach makes all the decisions and the athletes are there to listen and comply with the directives of the coach. With regards to classroom instruction lecture-based (teacher-centered) instruction has been the norm, but a student-centered (active and group learning) environment is receiving a great deal of attention. It is becoming more and more evident that active and group learning result in higher achievement, and more favorable attitudes towards learning by student. According to the Cone of Learning we remember 20% of what we hear, 50% of what we hear and say and 90% of what we do. Therefore, it is imperative that students be involved in activities that are cognitively demanding and result in critical thinking, evaluation, analysis, synthesis and problem solving. The purpose of this presentation is to examine the move from teacher-centered instruction to student-centered learning and provide examples of how one can make the teaching/learning experience more student centered.
3. List all speaker(s) name(s) and professional affiliation (e.g., university, school context, recreation complex, fitness and health centers): Michael Kernodle, Robert Mckethan and Erik Rabinowitz: Appalachian State University

- Contact person information

Street Address: 027 Holmes Convocation Center
City: Boone          State: North Carolina          Zip: 28608
School/Business Affiliation:
Work City: Boone     State: North Carolina        Work Zip: 28608
Phone (W): 828-262-6325       Phone (H):          Phone (Fax): 828-262-3138

- Note. Only speakers who register for the conference will be cited in the Conference Program. It is possible that your presentation format may be changed to meet conference needs.

4. Do you intend to bring a computer for your presentation? (BOLD the appropriate answer)

    NO         YES

5. Do you intend to bring an LCD projector for your presentation? (BOLD the appropriate answer)

    NO         YES

6. If yes, are you willing to permit others to use your equipment? (BOLD the appropriate answer)

    NO         YES

7. Which of the following identifiers best describe your session? (Mark with an X the appropriate answer)

- ___ Empirical research study
- X  Theoretical perspective, Trends and Issues
- ___ Experiential learning, Best practices, or Working session

8. This proposal is intended for: (Mark with an X the appropriate answer)

- ___ Pre-conference administrative session (Sunday, January 4, 2009)
- X   Conference regular sessions—Monday, January 5 and Tuesday, January 6, 2009